

# PROFESSIONAL PEEL - Bright & Even Peel



## Treatment Description

Bright & Even Peel is a gentle chemical peel that brightens and resurfaces the skin to enhance the appearance of skin tone, texture and visible brightness.

## When?

Bright & Even Peel can be performed at 3-4 week intervals.

## Who is it for?

Bright & Even Peel can be used on all skin types, including sensitive, and has been shown to provide an overall improvement in uneven skin tone on all Fitzpatricks.

## Key Ingredients

Smooths Texture: L-Mandelic (20%), Lactic (10%)- Alpha hydroxy acid blend that works to smooth and resurface skin texture while also improving the look of uneven skin tone and visible redness.

Evens Tone: Citrus Lemon Peel Extract, Milk Thistle Extract (Silymarin) + Emblica

A blend of antioxidants that protects the skin from internal and external aggressors that lead to skin stress that result in visible redness and the appearance of uneven skin tone.

Advanced Treatment Booster

Retinol Blend (vitamin A 10.5%) - converted to retinoic acid in the skin. Vitamin A helps to promote a clear complexion and an even skin tone by increasing the rate of cellular turnover.

## Bright & Even Peel Protocol

### Cleanse

1. Facial Wash Oily/ Problem - Cleanse the area of treatment thoroughly. Rinse and pat dry.

### Toner

2. Hydrating Toner - Apply with a cotton pad to prep (degrease) the skin. Allow the skin to dry.. Assess sensitivity by asking the patient, "On a scale of one to ten, ten being extremely active, how do you rate this sensation (or feeling)?"

### Treat

3. Part 1 - Pore Refining Treatment - Dispense a 10p size amount, applying all over the face but avoiding application too close to the eye and lip area. Work in gentle circular motions then rinse and pat dry. PRO TIP- To make the treatment more bespoke for the patient choose the appropriate PCA Skin® Therapeutic Mask for your patient's skin or even multi mask.

Part 2 - Bright & Even Peel - Gently agitate the product and apply four to five dots to a cotton pad, placing the neck of the bottle directly onto the pad, spacing it to give a sufficient working area to complete a full-face treatment (about four to five spots on the pad). This product may sting or tingle on some individuals. Assess patients sensitivity scale. If higher than a 6, do not apply a second layer. You can use a fan in between applications to dry the peel and cool the patient's skin. PCA Skin® peels are self neutralising and do not need timing or removing.

### Hydrate & Protect

6. Apply a pea sized amount of ReBalance and Hydrator Plus Broad Spectrum SPF product - Complete the treatment with this combination to calm, hydrate and protect the skin from UVA and UVB exposure.

## Indications:

Fitzpatrick types I-VI  
Uneven skin tone  
Dull/ Lacklustre  
Rough Texture

## Contraindications:

Pregnancy/Lactation  
Active cold sore  
Aggravated skin  
Roaccutane  
Psoriasis  
Ingredient allergy

## Contains no:

Parabens  
Synthetic dyes  
Synthetic fragrances  
Mineral oil  
Petrochemicals  
Petroleum  
Lanolin

## No animal testing

Maximum Layers: 1-4